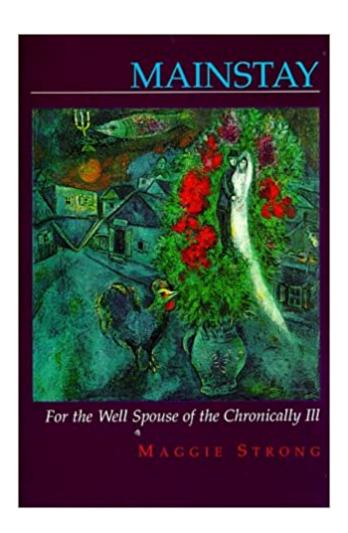


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# Mainstay: For The Well Spouse Of The Chronically III





## Synopsis

Book by Strong, Maggie

### **Book Information**

Paperback: 394 pages

Publisher: Bradford Books (May 1997)

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#### Customer Reviews

This is at once an affecting, personal, yet practical and specific guide for the well spouse of a chronically ill mate. Strong has, for the past decade, cared for her husband, who suffers from multiple sclerosis. "Those in a similar plight will recognize Strong as a spokesperson who gives voice to their mourning, anger, valor and committed love," said PW. Author tour. Copyright 1989 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Do you ever think what life must be like for the well spouse of someone chronically ill? Strong tells us what it is like to watch her husband become increasingly debilitated by multiple sclerosis, to deal with the financial burden of illness, to realize that their and their children's futures are changed forever. By writing about her experiences and those of others in similar situations she intends to offer support to the well spouse. The personal accounts are interspersed with practical advice about dealing with physicians, handling insurance, and just coping. An appendix lists organizations giving help. Not a happy book, but well written, moving, and immensely helpful. John Moryl, Yeshiva Univ. Lib., New YorkCopyright 1988 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Received this as a gift when my husband was diagnosed with Chronic Renal failure and on dialysis.

Tears rolled down my face as I read. I said to myself, "You understand what I'm going through."

Good case histories, well researched, and applications can apply even today 2012. Some things are timeless, especially emotional healing. Suggest an update on this classic. Main theme: You can accomplish whatever you set your mind too. Hopeful and Helpful.

This was an extremely helpful book. I read it at a time that I felt that I and my world as I knew it were falling a part. It helped to give me perspective and a measure of peace. If anyone feels that they are floundering in this authors place READ IT

Emotional but very timely relevant for my situation.

I ordered a second copy so I could share it with other caregivers. It's a very helpful resource and calls attention to the perils of long-term caregiving.

Have a friend whose husband is ill and thought this would be a good book for her to read. I got a lot out of it myself.

This book was used often in a consumer health library where I worked for years. I purchased this for a friend going through a spouse's long illness. She found many practical ideas.

#### Very good

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